

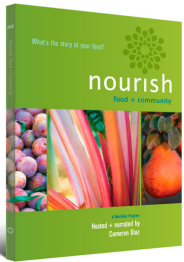
# WHAT IS *CoolHarvest* ?

Historically, faith communities have fed the less fortunate by organizing food pantries, soup kitchens, and other programs to combat hunger. Recently, some have broadened that work to include planting community gardens and hosting organic farm stands. Some have provided access to Community Supported Agriculture (CSAs) for those living in the nation's "food deserts" — areas with little access to affordable, healthy food. Now, with the Cool Harvest program, Interfaith Power & Light builds on those successful programs to include an explicit connection for congregations like yours that are also committed to addressing climate change.

"When we think about global warming, we think about transportation, we think about how we heat our houses, but in fact, how we eat has just as big an impact on climate change." Michael Pollan, from the film *Nourish*

About one-fifth of climate change pollution comes from the food industry. That's more than from all transportation combined. The Cool Harvest program will support you educating your community about this issue and in facilitating dialog and action.

## What's included with the *CoolHarvest* launch kit?



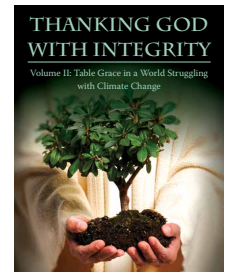
### **Nourish (30 minutes, DVD) narrated by Cameron Diaz**

With beautiful visuals and inspiring stories, *Nourish* traces our relationship to food from a global perspective to personal action steps. *Nourish* illustrates how food connects to such issues as biodiversity, climate change, public health, and social justice. In addition to a half-hour television special, the *Nourish* DVD includes a collection of 11 short films. Among the offerings: "Supermarket Secrets" with Michael Pollan, "Edible Education" with Alice Waters, and "Herbs" with Jamie Oliver. Appropriate for all ages.

### **Table Grace in a World Struggling with Climate Change Booklet**

Part of the "Thanking God with Integrity" series, this prayer booklet is published by World Vision and written by Willard Metzger of the Mennonite Church. It focuses on the theme of climate change and hunger with prayers that are invaluable for your kitchen table and the potluck table at church. They bind us together with all peoples of the world and to the source of all hope in a relationship of gratitude.

*This is an ecumenical booklet, however some faith traditions will have to adapt some of the prayers so they are more in line with their own religions.*

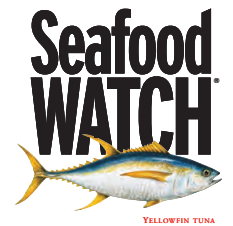


### **Downloadable Portion of the Cool Harvest Organizer's Kit**

- What Congregations Can Do
- Cool Potluck Ideas
- Film Screening/Cool Potluck Flyers
- Nourish Discussion Guide
- Tips for Lowering Your Foodprint
- A Climate-Friendly Farm Bill Handout
- Movie trailer & graphics links
- Other resources links
- Sign-Up Sheet

### **The Seafood Pocket Guide**

Eating less red meat is a great way to begin reducing your carbon footprint. And fish is a great substitute for meat, but only if from sustainably sourced seafood. Many fish populations are stressed from overfishing and destructive fishing practices. Oceans that are in balance are vital to controlling global warming, according to researchers at the Monterey Bay Aquarium. Healthy ocean ecosystems absorb a tremendous amount of greenhouse gas. Use this Seafood Watch Pocket Guide to find climate-friendly choices.



# *CoolHarvest*

A program of  
**Interfaith Power & Light**